



## Welcome to **Familjecentrum Prisman**



Familjecentrum Prisman is a place where parents-to-be and parents with children aged 0 to 6 years can come together. Various services important to the health and well-being of children and parents are offered under one roof. A midwife, a paediatric nurse, social counselling and a drop-in pre-school can be found here. All the centre's staff are bound by a duty of confidentiality.



### **Drop-in pre-school**

In our drop-in pre-school, you can meet other children and parents. Children and parents can play, create, sing, read and take part in our activities. It costs nothing to attend, and you are responsible for your child or children. Drinks and snacks are available at cost price.

#### **Open Monday to Friday**

Tuesday for children aged up to 1 year only

Friday for children aged up to 2 years only

Other days children aged 0-6 years

### **Paediatric nurse**

A paediatric nurse is available to offer advice and support on parenthood and matters relating to your child's health and development. In the parents' group you can obtain further information and have an opportunity to share your experiences.

A paediatric nurse attends the centre on Wednesday mornings.



### **Midwife**

Our midwife helps with advice and booking appointments. Parenting courses for parents-to-be are run at Familjecentrum Prisman.

A midwife attends the centre on Tuesday mornings.



### **Social counselling**

A family therapist is available to provide advice and support on both minor and major concerns. You can also obtain information on what social services can offer in various situations.

A family therapist attends on Monday and Thursday mornings.

## CONTACT AND OPENING HOURS

**Familjecentrum Prisman is open from Monday to Friday**

For detailed opening hours, see: [mark.se/prisman](http://mark.se/prisman)

**Follow us on our Facebook page:**

[facebook.se/familjecentrumprisman](https://facebook.se/familjecentrumprisman)

**Familjecentrum Prisman consists of:**

### **The drop-in pre-school**

**For parents-to-be and everyone with children aged 0-6 years**

A pre-school teacher, a child care assistant and an instructor attend the drop-in pre-school every day

### **Paediatric nurse**

A paediatric nurse attends Familjecentrum Prisman on Wednesday mornings

### **Midwife**

A midwife attends Familjecentrum Prisman on Tuesday mornings

### **Social counselling**

A family therapist attends on Monday and Thursday mornings

### **Familjecentrum Prisman**

Telefon: +46 (0)320 21 74 75

E-post: [familjecentrumprisman@mark.se](mailto:familjecentrumprisman@mark.se)



# Mark

## Familjecentrum Prisman

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VÄSTRA  
GÖTALANDSREGIONEN

## Närhälsan



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